

Formulary Emollient products – For information on quantities, see formulary website

Consistency/ Formulation	Preferred Products	Active Constituents	Advice, Restrictions and/or Similar product	Cost per 500ml/g Primary care
Very Greasy ointment	White soft paraffin in liquid paraffin (50:50)	LP 50% + WSP 50%	For very dry skin and/ or acute flares. Low risk of sensitivity.	£3.66
Greasy ointment	Emulsifying ointment	WSP 50% + EW 30% + LP 20% Excipients: cetostearyl alcohol	Good for night-time, very dry skin or scaly patches requiring softening.	£2.43
	Zeroderm ointment	LP 40% + WSP 30% + EW Excipients: cetearyl alcohol, polysorbate 60	Same as above SIMILAR TO: Epaderm Ointment	£4.10
Creams / gels	Epimax cream	LP + WSP	SIMILAR TO: AQUEOUS Cream, but no SLS	£2.49
	ZeroAQS cream	LP 6% + WSP 15% + macrogol cetostearyl ether 1.8% Excipients: cetostearyl alcohol, chlorocresol	SIMILAR TO: AQUEOUS Cream, but no SLS	£3.29
	Zerobase cream	LP 11%+ WSP 10%	SIMILAR TO: Oilatum cream and Diprobase Cream	£5.26
	Zerocream	LP 12.6%+WSP 14.5%, anhydrous lanolin 1% Excipients: cetyl alcohol, hydroxybenzoates (parabens)	SIMILAR TO: E45 cream (note this contains hypoallergenic anhydrous lanolin)	£4.08
	Isomol gel	LP 15% + Isopropyl myristate 15%	SIMILAR TO: Doublebase, Doublebase Dayleve	£2.92
	Cetraben cream	WSP 13.2% + LLP 10.5% + EW Excipients: cetostearyl alcohol, phenoxyethanol, hydroxybenzoates (parabens)		£5.99
Lotion	E45 lotion	WSP 10% + LLP 4%, hypoallergenic anhydrous lanolin 1% Excipients: benzyl alcohol, isopropyl palmitate, hydroxybenzoates (parabens)	Lighter formulation suitable for application to hairy areas, skin folds, face or scalp	£4.50
	QV Skin lotion	WSP 5% + LP Excipients: cetostearyl Alcohol, hydroxybenzoates (parabens)	Same as above	£5.18

Preparations containing anti-microbials	Dermol 500 lotion	LP 2.5% + benzalkonium chloride 0.1% + chlorhexidine dihydrochloride 0.1% + isopropyl myristate 2.5% Excipients: cetostearyl alcohol, phenoxyethanol	<b>Short term</b> use to wash and/ or as a leave on emollient during skin infection only. Should not routinely prescribed as repeats	£6.04
	Dermol cream	LP 10% + benzalkonium chloride 0.1% + chlorhexidine dihydrochloride 0.1% + isopropyl myristate 10% Excipients: cetostearyl alcohol, phenoxyethanol	Patients with colonised eczema. <b>Short term</b> use.	£6.63
<b>Soap substitute</b>	<b>Bath and shower emollients offer no advantages over emollients. Patients can use any of their normal creams or ointment above as a soap substitute in the bath/shower; except 50:50 (since it may not lather well)</b>			
Emollient	Epimax cream	WSP 15% and LP 6%	To use as a soap substitute Note: Risk of slipping in bath.	£2.49 (500g)
Bath emollient	LPL 63.4% bath emollient	LLP 634 mg per 1 ml	If patient not suitable for Epimax and bath emollient needed. Note: Risk of slipping in bath.	£3.10 (500ml)
Bath emollients /wash products for use in exceptional/specified	Hydromol bath and shower emollient	LLP 37.8% + isopropyl myristate 13%	To wash dry scalps/ as soap substitutes where other emollients are unsuitable/ not tolerated. Note: Risk of slipping in bath.	£4.11
Preparations containing urea	Balneum cream	Urea 5% + ceramides 0.1%	Useful where a keratolytic is required e.g. hyperkeratosis, ichthyosis, extremely dry and/ or fissured skin on hands and feet	£9.97
	Balneum Plus cream	Lauromacrogols 3.0% and Urea 5.0%	Useful for patients with generalised itch that has not responded to 'simpler' emollients	£14.99 (£3.29=100g)
	Hydromol Intensive cream	Urea 10% + WSP	Same as above	£21.85 (£4.37 = 100g)
Spray emollient	Emollin	LP 50% + WSP 50% Excipients: cetostearyl alcohol, polysorbates, propylene glycol	For very painful/ fragile skin where there is difficulty with 'hands on' application of creams / ointments only	£13.04 (£6.26 = 240ml)

(LP = Liquid Paraffin, WSP = White Soft Paraffin, EW = Emulsifying Wax, WP = White Paraffin, LLP = Light Liquid Paraffin, YSP = Yellow Soft Paraffin)  
(Excipients listed are associated rarely with sensitisation as listed in BNF68/ MIMs online) (Drug Tariff + MIMs online; April 2015) updated Sept 2017